

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

T3 Diamond

								<p>Morning greetings Ball toss 10:00 Music with Ron</p> <p>1:30 Creative Corner Helping Hands Tidy up</p>		<p>1</p> <p>Keep fit Active game</p> <p>Gospel & Songs Clean up</p> <p>Groundhog Day</p> <p>2</p>
<p>Chapel Service</p> <p>Active Games Helping Hands Clean Up</p>	<p>3</p> <p>Morning Greetings Stretch & exercise 10:30 Pet visit w/ Nico</p> <p>Sensory connection 1:1 visit Helping hands</p>	<p>4</p> <p>Morning greetings Fun & Fitness 11:00 Music w/ Ron</p> <p>2:00 Hymn Sing Chinese New Year arts & craft Clean up <small>Chinese New Year</small></p>	<p>5</p> <p>Morning exercise Walk with me Sing along</p> <p>Helping hands Tidy up</p>	<p>6</p> <p>Ball toss/ warm up Stretch & exercise Short story reading</p> <p>1:30 Monthly recreation meeting and calendar planning</p>	<p>7</p> <p>Fun & fitness Baker's corner</p> <p>1:00 Music w/ Ron 2:00 Coffee & tea social Tidy up</p>	<p>8</p> <p>Keep fit Balloon toss</p> <p>Valentine's specials Helping hands Clean up</p>	<p>9</p>			
<p>Chapel Service</p> <p>Afternoon @ the movies Clean up</p>	<p>10</p> <p>Morning greetings Stretch & exercise 10:30 Pet visit w/ Nico</p> <p>2:00 Birthday party w/ Peter 1:1 visit Helping hands Tidy up</p>	<p>11</p> <p>Morning greetings 9:00 Music w/ Ron Stretch & exercise</p> <p>2:00 Hymn Sing Pamper me Clean up</p>	<p>12</p> <p>Fun & Fitness Baker's Corner</p> <p>2:00 Tea social (My Valentine story) Short story reading Tidy up</p>	<p>13</p> <p>Valentine's Day special breakfast</p> <p>1:45 Music w/ Angela</p> <p><small>Valentine's Day</small></p>	<p>14</p> <p>Morning greetings Ball toss 10:00 Music with Ron</p> <p>Arts & Craft Helping hands Clean up</p>	<p>15</p> <p>Keep fit Active games Reminisce</p> <p>Gospel & songs Clean up</p>	<p>16</p>			
<p>Chapel Service</p> <p>Active Games Helping Hands Clean Up</p>	<p>17</p> <p>Holiday BC Family Day</p> <p><small>Presidents' Day (US)</small></p>		<p>18</p> <p>Morning greetings Fun & Fitness 11:00 Music w/ Ron</p> <p>2:00 Hymn Sing Table game Clean up</p>	<p>19</p> <p>Morning greetings Stretch & exercise Walk with me</p> <p>1:45 Hand spa Sensory connection 1:1 visit Helping hands</p>	<p>20</p> <p>Fun & fitness Active game Relax to tune of the 50's</p> <p>1:45 Music w/ Angela Fun with colors Clean up</p>	<p>21</p> <p>Ball toss/ warm up Stretch & exercise Short story reading</p> <p>1:00 Music w/ Ron Creative corner Helping hands</p>	<p>22</p> <p>Keep fit Memory lane</p> <p>Chinese new year special Clean up</p>	<p>23</p>		
<p>Chapel Service</p> <p>Active Games Hands massages Clean Up</p>	<p>24</p> <p>Morning Greetings Stretch & exercise 10:30 Pet visit w/ Nico</p> <p>Musical Movie afternoon 1:1 visit Helping hands</p>	<p>25</p> <p>Morning greetings 9:00 Music w/ Ron Stretch & exercise</p> <p>2:00 Hymn Sing Hand spa Clean up</p>	<p>26</p> <p>Morning exercise Walk with me Sing along</p> <p>Table Game Folding group Clean up</p>	<p>27</p> <p>Morning greetings Ball toss/ exercise Bowling</p> <p>1:45 Music with Angela Fun with colors Tidy up</p>	<p>28</p>					

Sunday

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Saturday

February 2019

Summit

T8

					1 Meet & Greet 10:30 Lunch Out with T2 2:00 Music with Ron	2
3 10:00 Service in Chapel	4 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Mental Aerobics 1:30 Afternoon Drive 3:45 Music with Angela	5 Meet & Greet 10:00 Music with Ron 11:00 Word Games 2:00 Bingo T2 <small>Chinese New Year</small>	6 Meet & Greet 10:00 Chime Choir T5 11:00 Relax & Renew 2:00 Music & Entertainment with Dennis 3:30 Knitting Group	7 Meet & Greet 10:00 Hymn Sing 11:00 Life Stories 1:30 Recreation Mtg. 4:15 Piano with Kathleen	8 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Prayer & Bible Study 2:00	9 <small>Groundhog Day</small>
10 10:00 Service in Chapel	11 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Mental Aerobics 2:00 Valentines Social and Crafts 3:45 Music with Angela	12 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Word Games 2:00 6 Card Bingo 3:30 Manor Choir	13 Meet & Greet 10:00 Chime Choir T7 11:00 Relax & Renew 2:00 Dancing with Laurie 3:30 Knitting Group	14 Meet & Greet Spectrum Optometry 10:00 Ladies Auxiliary 2:00 Chime Choir Valentine Performance by The Heights 4:15 Piano with Kathleen <small>Valentine's Day</small>	15 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Prayer & Bible Study 2:00 Birthday/ Valentine Party w Ron	16
17 10:00 Service in Chapel	18 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Mental Aerobics 2:00 Afternoon Social 3:45 Music with Angela <small>Presidents' Day (US)</small>	19 Meet & Greet 10:00 Music with Ron 11:00 Word Games 2:00 Bingo T2	20 Meet & Greet 10:00 Chime Choir T8 11:00 Relax & Renew 2:00 Baking 3:30 Knitting Group	21 Meet & Greet 10:00 Hymn Sing 11:00 Life Stories 2:00 Hand Massages & Manicures 4:15 Piano with Kathleen	22 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Prayer & Bible Study 1:30 Polynesian Dancers	23
24 10:00 Service in Chapel	25 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Mental Aerobics 2:30 Chinese New Year Celebration in Chapel 3:45 Music with Angela	26 Meet & Greet 10:00 Sit & Be Fit Balloon Toss 11:00 Word Games 2:00 6 Card Bingo	27 Meet & Greet 10:00 Chime Choir T2 11:00 Relax & Renew 2:00 Baking 3:30 Knitting Group	28 Meet & Greet 10:00 Hymn Sing 11:00 Life Stories 2:00 Hand Massages & Manicures 4:15 Piano with Kathleen		