












2nd Oxford OCTOBER Recreation Calendar 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Sit & Stretch 10:00 Hymn Sing 2:00 Golf	2 9:00 Ron on Keyboards 10:30 Bible Study 2:00 Bingo 6/8	3 9:30 Sit & Stretch 10:15 Chimes/6th 2:00 Wheel of Fortune	4 9:30 Sit & Stretch 10:00 Short stories 11:15 Angela Recreation Meeting	5 9:30 Sit & Stretch 10:00 2:00 Halloween Time Slips	6
7 <div style="text-align: center;">  10:00 Worship Service In the Chapel </div>	8 <div style="text-align: center;">  Happy Thanksgiving </div>	9 9:30 Sit & Stretch 10:30 Bible Study 2:00 Bingo <div style="text-align: center;">  </div>	10 9:30 Sit & Stretch 10:15 Chimes/7th 2:00 Group Crossword	11 9:45 Chapel celebration 11:15 Angela OHNS	12 9:30 Sit & Stretch 10:00 Word within a word 1:00 Ron on Keyboards	13 <div style="text-align: center;">  </div>
14 <div style="text-align: center;">  10:00 Worship Service In the Chapel </div>	15 9:30 Sit & Stretch 10:00 Hymn Sing 2:00 Balloon Toss	16 9:00 Ron on Keyboards 10:30 Bible Study 2:00 Bingo 6/8	17 9:30 Sit & Stretch 10:15 Chimes/8th 10:45 Lunch outing <div style="text-align: center;">  </div>	18 9:30 Sit & Stretch 11:15 Angela 12:00 Octoberfest Celebration w/ Françoise 2:00 Christmas Planning	19 9:30 Sit & Stretch 10:00 Halloween Trivia 2:00 5 Card Bingo	20
21 <div style="text-align: center;">  10:00 Worship Service In the Chapel </div>	22 9:30 Sit & Stretch 10:00 Hymn Sing 2:00 Golf <div style="text-align: center;">  </div>	23 9:30 Sit & Stretch 10:30 Bible Study 2:00 Bingo	24 9:30 Sit & Stretch 10:15 Chimes/2th 2:00 Word Associations	25 9:30 Sit & Stretch 10:00 Hangman 11:15 Angela 2:00	26 9:30 Sit & Stretch 10:00 Halloween Short stories 1:00 Ron On Keyboard	27 <div style="text-align: center;">  </div>
28 <div style="text-align: center;">  10:00 Worship Service In the Chapel </div>	29 9:30 Sit & Stretch 10:00 Hymn Sing 2:00 Ball Bouncing	30 9:00 Ron 10:30 Bible Study 2:00 Special Halloween Bingo <div style="text-align: center;">  </div>	31 Halloween 9:30 Sit & Stretch 10:15 Chimes/5th 2:00 Halloween and Birthday party w/ Peter Tennent	<p style="font-size: 1.2em;">All you need in October- A Thanksgiving dinner, a Beer and Trick or Treat <small>Programs subject to change.</small></p> <div style="text-align: center;">  </div>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Balloon Toss</p> <p>1:30 Favorite Hymns 2:00 Sit and Relax 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Sing with me 10:00 Gentle massage and Joints manipulation</p> <p>1:00 Music with RON 2:30 Hymn Sing: Pastor Ken 3:00 1:1 visits, Helping hands</p> <p>Simchat Torah</p>	<p>6:30 EGG Benedick's Special Morning Break Fast with T3 9:30 Sing with Me 10:00 Music with Accordion 12:45 Music Th. with Heather</p> <p>1:30 Linda and Toby 2:00 Sit and Relax</p>	<p>8:30 Morning FastBreak 9:30 Sing with ME 10:30 Gentle Massage and Joint manipulation</p> <p>1:30 RECREATION STAFF MEETING AND CALENDAR PLANNING</p>	<p>8:30 Morning FastBreak 9:00 Music with RON 10:00 Rhymes, Poetry and Music</p> <p>1:30 Playing with Accordion 2:00 Sit and Relax 2:30 Watch Movie 3:00 Paperworx</p>	<p>9:30 Sensory Visits 10:00 Active Games</p> <p>2:00 Hand Massage 3:30 Coloring</p>
<p></p> <p>10:00 Sunday Service in the Chapel 2:00 Balloon Toss</p>	<p><i>Happy Canadian Thanksgiving</i></p> 	<p>8:30 Morning FastBreak 9:30 Sing with me 10:00 Music with Accordion</p> <p>1:00 Music with RON 2:30 Hymn Sing: Pastor Ken 3:00 1:1 visits, Helping hands</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 WEIGHTXercise 12:45 Music Th. with Heather</p> <p>1:30 Linda and Toby 2:00 Sit and Relax 2:30 Balloon Toss 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Stretch with Me 10:00 WEIGHTXercises</p> <p>1:30 Balloon Toss 2:00 Music with Celia 3:00 Paperworx</p>	<p>6:30 EGG Benedick's Special Morning Break Fast with T3 9:00 Music with RON 10:00 Men in Action</p> <p>1:30 Balloon Toss 2:00 Sit and Relax</p>	<p>9:30 Balloon Toss 11:00 Table Games</p> <p>2:00 Music: Caring and Sharing 3:30 Short Stories</p>
<p></p> <p>10:00 Sunday Service in the Chapel 2:00 Short Stories</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Music with Accordion</p> <p>1:30 Balloon Toss 2:00 Monthly Birthday Celebration with PETER T. 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 WEIGHTXercises</p> <p>1:00 Music with RON 2:30 Hymn Sing: Pastor Ken 3:00 1:1 visits, Helping hands</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Tea and Bake</p> <p>12:45 Music Th. with Heather 1:30 Linda and Toby 2:00 Sit and Relax 2:30 Arts and Crafts 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:30 Morning Manicures</p> <p>1:30 Music with Accordion 2:00 Sit and Relax 2:30 Men's Group 3:00 1:1 visits, Helping hands</p>	<p>8:30 Morning FastBreak 9:00 Music with RON 10:00 Polynesian Dancers</p> <p>1:30 Music with Accordion 2:00 Sit and Relax 2:30 Watch Movie 3:00 PaperworX</p>	<p>9:30 Fun and Fitness 11:00 Sensory Visits</p> <p>2:00 Movie Time 3:30 Music: Caring and Sharing</p>
<p></p> <p>10:00 Sunday Service in the Chapel 2:00 Balloon Toss</p>	<p>8:30 Morning FastBreak 9:00 Sing with Me 10:00 Favorite Hymns</p> <p>1:30 Men in Action 2:00 Sit and Relax 2:30 Painting, Arts & Crafts 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Music with Accordion</p> <p>1:00 Music with RON 2:30 Hymn Sing: Pastor Ken 3:00 1:1 visits, Helping hands</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Balloon Toss 12:45 Music Th. with Heather</p> <p>1:30 Linda and Toby 2:00 Sit & Relax 2:30 Arts and Crafts 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Table Games</p> <p>1:30 Pamper Me 2:00 Music with Celia 3:00 1:1 visits, Helping hands</p>	<p>8:30 Morning FastBreak 9:00 Music with RON 10:00 Gentle Massage and Joint manipulation</p> <p>1:30 Balloon Toss 2:00 Sit and Relax 2:30 Watch Movie 3:00 PaperworX</p>	<p>9:30 Table Games 11:00 Hand Massage</p> <p>2:00 Music: Caring and Sharing 3:30 Active Games</p>
<p></p> <p>10:00 Sunday Service in the Chapel 2:00 Music: Caring and Sharing</p>	<p>8:30 Morning FastBreak 9:00 Sing with Me 10:00 Balloon Toss</p> <p>1:30 Table Games 2:00 Sit and Relax 2:30 Men in Action 3:00 1:1 visits, Coffee & Tea</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Balloon Toss</p> <p>1:00 Music with RON 2:30 Hymn Sing: Pastor Ken 3:00 1:1 visits, Helping hands</p>	<p>8:30 Morning FastBreak 9:30 Sing with Me 10:00 Balloon Toss 12:45 Music Th. with Heather</p> <p>1:30 Linda and Toby 2:00 Sit & Relax 2:30 Pamper Me 3:00 1:1 visits, Coffee & Tea</p> <p>Halloween</p>	<p style="text-align: center;">October 2018</p> <p style="text-align: center;">EMERALD T4 ACTIVITY CALENDAR</p> 		

All programs and activities are all subject to change

Recreation Coordinator: melvinj.ramos

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10.00am Sunday Service in the Chapel	1 Meet 'N' Greet 9.45 Sit 'N' Be Fit Ball Games Daily Chronicles 1.00 Music Therapy with Angela 2.15 Bingo & Ice cream cones!	2 Morning Greetings 9.45 Racket Balloon, Word Games/Daily Chronicles 2.00 1-1 Games & Table Talks Simchat Torah	3 Meet 'N' Greet 9.45 Singing in the Great Room/ Monthly Gazette 2.00 Bingo with friend on T6	4 Morning Visits 9.45 CareFit/Word Games 10.45 Table Talks 11.00 Bible Study 2.30 5 Card Bingo 1-1 and Clean up!	5 Meet 'N' Greet 9.30 Active Games 10.30 Hymn Sing 2.00 Music with Ron 3.30 Reminisce with you		
7 10.00am Sunday Service in the Chapel	8  Columbus Day (US) Thanksgiving Day (Canada)	9 Morning Greetings 10.00 Ron's Music 11.00 1-1 Visits with you (Afternoon Care Conference) 3.30 1-1 Walks	10 Meet 'N' Greet 9.45 Sing Along with Eldersong in Great Room/ Peace Arch News 2.00 Bowling with friends from T6 3.30 Paperwork	11 Morning Visits 9.30 Let's get ready for.... 10.00 Chapel Celebrations 2.30 5 Card Bingo 1-1 walk & talks	12 Meet 'N' Greet 7.30 Special Breakfast 9.30 Active Games 10.30 Hymn Sing 1.30 1-1 Visits with you		
14 10.00am Sunday Service in the Chapel	15 Meet 'N' Greet 9.45 CareFit Ball Games Daily Chronicles 1.00 Music Therapy with Angela 2.15 Bingo & Ice cream cones!	16 Morning Greetings (Morning Care Conference) Voting for residents 2.00 Racket Balloon, Word Games/Daily Chronicles	17 Meet 'N' Greet 9.45 Singin' the oldies in the Great Room News 'N' Views 2.00 Active Games	18 Morning Visits 9.45 CareFit, Daily Chronicles/Word games 11.00 Bible Study 12.00 Lunch Outing 3.00 Submit Paperwork	19 Meet 'N' Greet 9.30 Active Games 10.30 Hymn Sing 2.00 Birthday celebrations with Ron 3.30 Reminisce with you.		
21 10.00am Sunday Service in the Chapel	22 Meet 'N' Greet 9.45 Stretch and Smile Ball Games Daily Chronicles 1.00 Music Therapy with Angela 2.15 Bingo & Ice cream cones!	23 Moring Greeting Alzheimer's Fund Raiser in lobby 10.00 Ron's Music 11.00 1-1 Visits with you (Care Conference all afternoon) 3.30 1-1 Walks	24 Meet 'N' Greet 9.45 Sing Along with Eldersong in Great Room News 'N' Views Lunch In 2.00 Senior Opus Singers (SOS)	25 Morning Visits 9.45 Be fit & healthy, Daily Chronicles/Word games 11.00 Bible Study 2.30 5 Card Bingo 1-1 Clean Up	26 Meet 'N' Greet 9.30 Active Games 10.30 Hymn Sing 2.00 Tea Social in Great Room	27 	
28 10.00am Sunday Service in the Chapel	29 Meet 'N' Greet 9.45 Sit 'N' Be Fit Ball Games Daily Chronicles 1.00 Music Therapy with Angela 2.15 Bingo & Ice cream cones!	30 Morning Greetings (Morning Care Conference) 9.45 Racket Balloon, Word Games/Daily Chronicles 1.30 Halloween Scenic Drive	31 Meet 'N' Greet 9.45 Hand chime choir on T5 11.00 Halloween Trivia 2.00 Halloween Party on T2 Halloween	October 2018 Oasis T5			

Programs subject to change without notice: Gurjit Rec-Coordinator for Oasis