

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Wisteria (P2)



New Year's Day



Chapel 10:00



Chapel 10:00



Chapel 10:00



Chapel 10:00

6

8:30 Morning visits
9:30 Exercise & Ball Toss
10:30 Daily Chronicle
10:30 News & Views
2:00 Bingo with Friends

7

8:30 Morning chats
9:30 Morning Fitness
10:30 Daily Chronicle
10:45 Mental Aerobics
Afternoon Music with Ron

8

8:30 Morning greetings
9:30 Exercise
10:30 Daily Chronicle
10:30 News & Views
2:00 5 Card Bingo

9

8:30 Morning chats
9:30 Music with Heather
10:15 Exercise & Chronicle
2:00 Coco & Snacks
3:00 Hymn Sing

10

6:30 Breakfast(P3)
9:30 Morning Fitness
10:30 Daily Chronicle
1:00 Bible Study
2:00 Table Talks

11



12

13

8:30 Morning chats
9:30 Exercise
10:30 Daily Chronicle
10:30 News & Views
2:00 Bingo with Friends

14

8:30 Morning visits
9:30 Fun & Fitness
10:30 Daily Chronicle
10:45 Mental Aerobics
Afternoon Music with Ron

15

8:30 Morning greetings
9:30 Exercise
10:30 Daily Chronicle
10:30 News & Views
11:30 Lunch in'
2:00 5 Card Bingo

16

8:30 Morning chats
9:30 Music with Heather
10:15 Exercise & Games
2:00 Friendly Visits
3:00 Hymn Sing

17

6:30 Early Breakfast (P2)
9:30 Exercise & Ball Toss
10:30 Daily Chronicle
1:00 Bible Study

18



19

20

8:30 Morning chats
9:30 Exercise & Ball Toss
10:30 Daily Chronicle
10:30 News & Views
2:00 Bingo with Friends

21

8:30 Morning visits
9:30 Fitness & Games
10:30 Daily Chronicle
10:45 Mental Aerobics
Afternoon Music with Ron

22

8:30 Morning chats
9:30 Fun & Fitness
10:30 Daily Chronicle & word Scramble
2:00 5 card Bingo
3:30 Friendly Visits

23

8:30 Morning chats
9:30 Music with Heather
10:15 Exercise & Games
1:30 Scenic Drive
3:00 Hymn Sing

24

8:30 Morning chats
9:30 Fitness N' Games
10:30 Daily Chronicle
1:00 Bible Study
2:00 Table Talks

25



26

27

8:30 Morning visits
9:30 Exercise
10:30 Daily Chronicle
10:30 News & Views
2:00 Bingo with Friends

28

8:30 Morning visits
9:30 Morning Fitness
10:30 Daily Chronicle
10:45 Mental Aerobics
Afternoon Music with Ron

29

8:30 Morning chats
9:30 Fun & Fitness
11:00 Getting ready for... Lunch out
3:30 Friendly Visits

30

8:30 Morning chats
9:30 Music with Heather
10:15 Exercise & Chronicle
2:00 Coco & Snacks
3:00 Hymn Sing

31

HAPPY NEW YEAR

From everyone at Wisteria

All programs are subject to change without notice, Lynette Wray, Recreation Coordinator for Wisteria

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>8:30 Good Morning 2 9:30 Body Works 10:00 Daily Chronicle 10:30 5-Card Bingo 2:00 Spa Afternoon 3:15 Music with David</p>	<p>8:30 Morning Visits 3 9:30 Power ½ Hour 10:00 Pet Therapy 10:30 Music Therapy with Heather 2:00 Culinary Afternoon 3:30 Hymn Sing</p>	<p>4 8:30 Morning Coffee 9:30 Quick Fit 10:00 Community News 10:30 Racket Balloon 2:00 Christmas Take Down</p>	
<p>10:00 Sunday 6 Service in the Chapel</p> 	<p>7 8:30 Coffee & Chats 9:30 Power ½ Hour 10:00 Daily Chronicle 10:30 Horse Shoes 2:00 Bingo</p> 	<p>8 8:30 Morning Coffee 9:30 Quick Fit 10:00 Care Conference Christmas Take Down Afternoon Music With Ron</p>	<p>9 8:30 Coffee & Chats 9:30 Getting Fit 10:00 Daily Chronicle 10:30 5-Card Bingo 2:00 Spa Afternoon 3:15 Music with David</p> 	<p>10 8:30 Coffee Time 9:30 Exercises 10:00 Pet Therapy 10:30 Music Therapy with Heather 2:00 Culinary Afternoon 3:30 Hymn Sing</p>	<p>11 7:30 Early Morning Breakfast P3 10:15 Christmas Take Down Day; Everything Must Go!!</p>	
<p>10:00 Sunday 13 Service in the Chapel</p> 	<p>14 8:30 Coffee Time 9:30 Exercises 10:00 Daily Chronicle 10:30 Bocce 2:00 Bingo</p>	<p>15 8:30 Morning Coffee 9:30 Quick Fit 10:00 Care Conference Afternoon Music With Ron</p> 	<p>16 8:30 Coffee & Visits 9:30 Exercises 10:00 Daily Chronicle 10:30 5-Card Bingo Order-in Lunch 2:00 Spa Afternoon 3:15 Music with David</p>	<p>17 8:30 Good Morning 9:30 Power ½ Hour 10:00 Pet Therapy 10:30 Music Therapy with Heather 2:00 Culinary Afternoon 3:30 Hymn Sing</p>	<p>18 7:30 Early Morning Breakfast P2 10:15 Body Fit 11:00 Daily Chronicle Paperwork Afternoon</p>	<p>I love it when someone's laugh is funnier than the joke.</p> 
<p>10:00 Sunday 20 Service in the Chapel</p> 	<p>21 8:30 Good Morning 9:30 Body Works 10:00 Daily Chronicle 10:30 Bocce 2:00 Bingo</p>  <p>Tu B'Shevat</p>	<p>22 8:30 Morning Coffee 9:30 Quick Fit 10:00 Daily Chronicle 10:30 Bean-Bag Toss Afternoon Music With Ron</p>	<p>23 8:30 Coffee Time 9:30 Sit N' Fit 10:00 Daily Chronicle 10:30 5-Card Bingo 2:00 Spa Afternoon 3:15 Music with David</p>	<p>24 8:30 Morning Visits 9:30 Power ½ Hour 10:00 Pet Therapy 10:30 Music Therapy with Heather 1:30 Afternoon Drive 3:30 Hymn Sing</p>	<p>25 7:30 Early Morning Breakfast T5 10:15 Body Fit 11:00 Daily Chronicle Paperwork Afternoon</p>	
<p>10:00 Sunday 27 Service in the Chapel</p> 	<p>28 8:30 Coffee & Chats 9:30 Exercises 10:00 Daily Chronicle 10:30 Bocce 2:00 Bingo</p> <p>Australia Day (observed)</p>	<p>29 8:30 Morning Coffee 9:30 Quick Fit 10:00 Daily Chronicle 10:30 Bean-Bag Toss Afternoon Music With Ron</p>	<p>30 8:30 Good Morning 9:30 Chair Aerobics 10:00 Daily Chronicle 10:30 Getting Ready for..... Lunch Out 3:15 Music with David</p>	<p>31 8:30 Morning Visits 9:30 Power ½ Hour 10:00 Pet Therapy 10:30 Music Therapy with Heather 2:00 Culinary Afternoon 3:30 Hymn Sing</p>		

All Programs are subject to change*** Bobbi Garbutt B.Sc. in Therapeutic Recreation.