

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



				<p>9:00 Ukulele Practice <b>1</b>            9:30 Coffee Time            9:45 Osteofit            10:45 Chime Choir            2:00 Bingo            3:15 Cards</p>	<p>9:30 Coffee Time <b>2</b>            9:45 Stretch &amp; Strength            10:45 Walking around the Ponds            2:00 Ice Cream Social  <b>3:00 Manor Garden Tour</b></p>	<p>10-12 Lounge Booked AGM.   <b>10-2 A Rocha</b></p>
<p>9:30 Church Service <b>4</b></p>	<p>9:30 Coffee Time <b>5</b>             2:00 Hymn Sing            3:15 Cards            6:45 Carpet Bowling</p>	<p>9:30 Coffee Time <b>6</b>            9:45 Ball Exercises            10:45 Relax &amp; Renew  <b>2:00 Afternoon Drive – Crescent Beach</b></p>	<p>9:30 Coffee Time <b>7</b>            9:45 Stretch &amp; Strength            10:45 Crosswords             3:30 Prayer &amp; Bible Study</p>	<p>9:00 Ukulele Practice <b>8</b>            9:30 Coffee Time  <b>9:30 Chapel Celebration</b>            10:45 Chime Choir            2:00 Bingo            3:30 Wellness Group</p>	<p>9:30 Coffee Time <b>9</b>            9:45 Stretch &amp; Strength            10:45 Word Games            2:00 Ice Cream Social</p>	<p>9:30 Coffee Time <b>10</b></p>
<p>9:30 Church Service <b>11</b></p>	<p>9:30 Coffee Time <b>12</b>            9:45 Osteofit            10:45 Mental Aerobics  <b>1:00 Swimming</b>            2:00 Hymn Sing            3:15 Cards            6:45 Carpet Bowling</p>	<p>9:30 Coffee Time <b>13</b>            9:45 Ball Exercises  <b>10:45 Manor Communication Mtg.</b>            2:00 Afternoon Movie            2:30 Manicures</p>	<p>9:30 Coffee Time <b>14</b>  <b>9:30 – 1:30 Morgan Crossing- shopping and lunch</b>            2:00 Ice Cream Social            3:30 Prayer &amp; Bible Study</p>	<p>9:00 Ukulele Practice <b>15</b>            9:30 Coffee Time            9:45 Osteofit            10:45 Chime Choir            2:00 Bingo            3:15 Cards</p>	<p>9:30 Coffee Time <b>16</b>            9:45 Stretch &amp; Strength  <b>11:00 Lunch Out - Morgan Creek Golf Club and Mary's Garden</b></p>	<p>9:30 Coffee Time <b>17</b></p>
<p>9:30 Church Service <b>18</b>   <b>Happy Father's Day</b>   <small>Father's Day</small></p>	<p>9:30 Coffee Time <b>19</b>            9:45 Osteofit            10:45 Mental Aerobics  <b>1:00 Swimming</b>            2:00 Hymn Sing            3:15 Cards            6:45 Carpet Bowling</p>	<p>9:30 Coffee Time <b>20</b>            9:45 Ball Exercises  <b>11:00 Picnic at Crescent Park</b>            3:00 New Tenants Meet</p>	<p><b>BBQ Style Lunch 21</b>            9:30 Coffee Time            9:45 Stretch &amp; Strength            10:45 Crosswords            2:00 Manicures            3:30 Prayer &amp; Bible Study</p>	<p>9:30 Coffee Time <b>22</b>  <b>10:00 Chapel Opening Concert</b>            2:00 Bingo            3:30 Wellness Group</p>	<p>9:30 Coffee Time <b>23</b>            9:45 Stretch &amp; Strength            10:45 Word Games  <b>2:00 Birthday Celebration &amp; Welcome New Tenants w. Teresa</b></p>	<p>9:30 Coffee Time <b>24</b></p>
<p>9:30 Church Service <b>25</b></p>	<p>9:30 Coffee Time <b>26</b>            9:45 Osteofit            10:45 Mental Aerobics  <b>1:15 Swimming</b>            2:00 Hymn Sing            3:15 Cards            6:45 Carpet Bowling</p>	<p>9:30 Coffee Time <b>27</b>            9:45 Ball Exercises            10:45 Heights Gym  <b>2:00 Drumming with Pete</b></p>	<p>9:30 Coffee Time <b>28</b>  <b>9:15 All Day Outing w. Heights – B.C. Ferry</b>            3:30 Prayer &amp; Bible Study</p>	<p>9:00 Ukulele Practice <b>29</b>            9:30 Coffee Time  <b>10:00 Chapel Fundraiser- Polynesian Dancers</b>            11:00 Chime Choir            2:00 Bingo</p>	<p>9:30 Coffee Time <b>30</b>            9:45 Stretch &amp; Strength            10:45 Walking around the Ponds            2:00 Horseshoes and Refreshments</p>	