






| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|---|
| | Foot Nurse ~Sign Up 1 9:30 This Month at the Heights ~ RO 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL 2:30 Sing along with Brian Zalo ~ TTL 3:45 Drama ~ TTL | 9:00 BLT Breakfast 10:00 Sit & Be Fit ~ TTL 10:35 Scattergories ~TTL 2:00 Bingo ~ TTL 3:15 Drama Group~5 th FL Simchat Torah | 9:30 Ros&Comm.~5 th 3 10:00 Sit and Be Fit ~ TTL 10:45 Short Story "Gabby Loves Gordy" 2:00 Dancing with Laurie~ML 2:00 Hymn Sing ~TTL 3:00 Wii Bowling~TTL | 10:00 Sit and Be Fit 4 10:45 Knitting Group 1:30 Hand Chimes with Heather and Michelle 2:30 Craft ~TTL | 10:00 Sit and Be Fit 5 10:45 Walking Club~LB 2:00 Bingo~TTL 3:30 Coloring Group~TTL | Ladies Auxillary Tea and Bake Sale ~ML 2:30 Movie Matinee "Sister Act" |
| COMMUNION 10:00 Worship Service In Chapel  |  2:30 Manicures ~ TTL Columbus Day (US) Thanksgiving Day (Canada) | 10:00 Sit & Be Fit ~ TTL 10:35 Baking ~TTL 1:30 Tena Education Presentation ~ TTL 3:15 Drama Group~5 th fl | 9:30 Ros&Comm.~5 th 10 10:00 Sit and Be Fit~TTL 10:45 Garden Club 2:30 Oktoberfest Celebration with Franzl & his Squeezebox~DR 3:30 Bible Study~ML | 10:00 Chapel Celebration ~Chapel 11 10:00 Sit and Be Fit ~TTL 10:45 Craft~TTL 1:30 Hand Chimes with Heather and Michelle ~TT 2:30 Fitness Testing ~TTL | 10:00 Grandfriends Project ~ TTL 2:00 A Discussion about Canadian Thanksgiving Over Tea and Goodies ~TTL 3:30 Carpet Bowling~TTL | 2:15 Hot Chocolate Social ~TTL 2:30 Movie Matinee "All About Eve" |
| 10:00 Worship Service In Chapel  | 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL 1:15 Swimming Outing ~sign up 2:00 Bingo ~ TTL | Municipal Voting Day 16 10:00 Sit & Be Fit ~ TTL 10:35 Pumpkin Decorating ~TTL 2:30 30 Day Challenge Celebration Party ~ TTL | 9:30 Ros&Comm.~5 th 17 10:00 Sit and Be Fit ~ TTL 10:45 Craft ~TTL 2:00 Hymn Sing ~TTL 2:00 Dancing with Laurie~ML 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR | 10:00 Sit&Be Fit~TTL 18 10:45 Craft~TTL 1:30 Hand Chimes with Heather and Michelle ~TT 2:30 Birthday Celebration with Doug Stone ~DR | Sarah In 19 10:00 Sit and Be Fit 10:45 Baking~TTL 2:00 Walking Club~LB 2:00 Bingo~TTL 3:30 Coloring Group~TTL | 2:30 Movie Matinee "The Beauty of Ireland" |
| 10:00 Worship Service In Chapel  | 10:00 Sit and Be Fit~TTL 11:30 Lunch Outing Turkey House 2:00 Drama Group ~TTL 2:30 Manicures ~ RO 3:30 Town Hall ~ DR | 10:00 Sit & Be Fit ~ TTL 10:35 Baking ~TTL 2:00 Bingo ~ TTL 3:15 Drama Group ~5th | 9:00/9:30 Morgan Crossing Home Depot and Walmart 9:30 Ros&Comm~5thfl 2:00 Hymn Sing ~TTL 2:30 Hand Chime Concert At Terraces 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR | 10:00 Sit and Be Fit 25 1:30 Christmas Prep Sing a Long with Heather~TTL 2:30 Painting with Jess Rice ~TTL 6:15 Music and Relaxation~Lobby | 10:00 Lunch Out and Aldor Acres 2:00 Bingo~TTL 3:30 Carpet Bowling~TTL | 2:15 Hot Chocolate Social ~TTL 2:30 Movie Matinee "Young @ Heart You're Never Too Old to Rock" |
| 10:00 Worship Service In Chapel  | 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL 2:30 Block Social for 2 nd & 3 rd Floor ~TTL 2:30 Manicures ~RO | 10:00 Sit & Be Fit ~ TTL 10:35 Jeopardy ~TTL 2:30 COPD~Lung Disease Education ~ TTL 3:30 Drama Group~5th | 9:30 Ros&Comm~5thfl 31 9:00 Pumpkin Pancake Breakfast ~TTL 10:30 Sit and Be Fit~TTL 2:00 Hymn Sing ~TTL 2:00 Dancing with Laurie~ML 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR Halloween | <h1>October 2018</h1> <h2>Evergreen Height Recreation Calendar</h2> | | |