



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>GOD COULD NOT BE EVERYWHERE, AND THEREFORE HE MADE MOTHERS. <small>-Rudyard Kipling</small></p>	<p>1 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Cross Words ~TTL 2:30 Music with Brian Zalo ~ TTL</p> <p>May Day</p>	<p>2 10:10 Sit & Be Fit ~ TTL 10:45 Garden Club ~TTL 11:30 Turkey House ~sign up 2:00 Bingo ~TTL</p>	<p>3 9:30 Ros.&Comm~5th 10:10 Sit and Be Fit 1:00 Walmart Shuttle ~Sign Up 2:15 Hymn Sing ~TTL 3:15 Manicures~TTL 3:30 Bible Study ~ML</p>	<p>4 9:00 Ukulele Group~ML 10:10 Sit and Be Fit~TTL 10:45 Hand Chimes~ML 10:45 Garden Club~TTL 1:30 4thFI Music Group with Angela ~ 4th FI Lounge 2:30 Painting Class with Jess Rice ~TTL</p>	<p>5 10:10 Sit & Be Fit ~ TTL 10:45 Drama Club~5th FI 2:00 Bingo~TTL 2:30 Relaxation Grp~ RO 3:30 Walking Group~LB 3:15 "The Crown" TV Show on Netflix ~TTL</p> <p>May Day</p>	<p>6 3:00 Musical Ensemble Hymnal Sing Along ~Lobby</p>
<p>7 COMMUNION 9:30 Worship Service In Manor Lounge 10:45 Heights Worship Service ~TTL</p>	<p>8 8:30-12:30 Election Day 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Cross Words ~TTL 1:15 Swimming Outing ~ sign up 3:15 Wii Bowling ~TTL</p>	<p>9 9:00 BLT Breakfast,TTL 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5th 2:00 Bingo ~TTL 3:15 Pairs Scrabble ~TTL</p>	<p>10 9:30 Ros&Comm~5th FI 10:15 Grandfriends Project~TTL 1:00 Podiatrist~Sign Up 2:15 Hymn Sing ~TTL 3:15 Manicures ~ TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB</p>	<p>11 9:00 Ukulele Group~ML 9:45 Celebration Service~ML 10:10 Sit and Be Fit~TTL 11:30 Lunch Out to White Rock Legion 1:30 4thFI Music Group With Angela ~ 4th FI 3:00 2nd FI Gym Orientation</p>	<p>12  2:15 Mother's Day Tea Will be hosted in the DR 3:30 "The Crown" on Netflix ~TTL</p>	<p>13 2:30 Tea Time and Movie Matinee ~TTL "The Grapes of Wrath"</p>
<p>14 9:30 Worship Service In Manor Lounge 10:45 Heights Worship Service ~ TTL</p> <p>Mother's Day</p>	<p>15 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Jeopardy ~ TTL 1:15 Swimming Outing 3:15 Wii Bowling ~TTL</p>	<p>16 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5th 2:00 Bingo ~TTL 2:30 Baking ~ 1st FI Suite</p>	<p>17 9:30 Priest here for Ros. & Communion ~5th 10:10 Sit & Be Fit ~ TTL 10:45 Gardening~TTL 2:15 "Coping With Loss" With Pastor Ken~ TTL 3:15 Manicures~TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB</p>	<p>18 9:00 Ukulele Group~ML 9:30 All Day Outing To Steveston 10:45 Hand Chimes~ML 1:30 4thFI Music Group With Angela ~ 4th FI</p>	<p>19 10:10 Sit & Be Fit ~ TTL 10:45 Crockpot Baking ~Apple Crisp~ 2:00 Bingo~TTL 3:00 Apple Crisp Tasting ~TTL 3:15 "The Crown" TV Show on Netflix ~TTL</p>	<p>20 2:30 Tea Time and Movie Matinee ~TTL "The Apartment"</p> <p>Armed Forces Day</p>
<p>21 9:30 Worship Service In Manor Lounge 10:45 Heights Worship Service ~TTL</p>	<p>22 </p>	<p>23 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5th 2:00 Bingo ~TTL 3:15 Scattergories ~TTL</p>	<p>24 9:30 Ros&Comm~5th FI 10:10 Sit and Be Fit~TTL 2:00 Bus Outing to West Coast Gardens 2:15 Hymn Sing ~TTL 3:15 Manicures ~ TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB</p>	<p>25 9:00 Ukulele Group~ML 10:10 Sit and Be Fit~TTL 10:45 Hand Chimes~ML 10:45 Garden Club~TTL 1:30 5thFI Music Group With Angela ~ 5th FI 2:30 Monthly Birthday Celebration with Dan Minor ~DR</p>	<p>26 9:00 Pancake Breakfast 10:45 Sit and Be Fit~TTL 2:30 Town Hall Meeting ~ DR 3:30 Starting a new Series on Netflix~TTL</p>	<p>27 9:30 Bus Outing to Arocha 2:30 Tea Time and Movie Matinee ~TTL "The Philadelphia Story"</p> <p>First Day of Ramadan</p>
<p>28 9:30 Worship Service In Manor Lounge 10:45 Heights Worship Service ~ TTL</p>	<p>29 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Cross Words ~TTL 1:15 Swimming Outing ~ sign up 3:15 Wii Bowling ~TTL</p> <p>Memorial Day</p>	<p>30 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5th 2:00 Bingo ~TTL 3:15 Relaxation Grp~RO</p>	<p>31 9:30 Ros.&Comm~5th 10:10 Sit and Be Fit~TTL 10:45 Gardening~TTL 2:15 Hymn Sing ~TTL 3:15 Manicures ~ TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB</p> <p>First Day of Shavuot</p>	<p>May 2017</p> <p>Legend TTL ~ Tree Top Lounge LB ~ Lobby RO ~ Recreation Office 5th ~ 5th Floor Lounge ML ~ Manor Lounge</p>		