

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

## Evergreen Heights Recreation Calendar

								10:00 Sit and Be Fit~TTL1 11:30 Lunch Out to <b>White Rock Legion</b> 2:00 Bingo~TTL 3:15 Carpet Bowling~TTL 3:30 Painting Group~8thFl 7:00-Heights Bible Study~5 <sup>th</sup> FL		2				
<b>COMMUNION</b>	3	4	9:00 BLT Breakfast~TT5 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~TTL 1:15 Swimming Outing ~sign up 2:30 Sing Along with Brian Zalo ~TTL	5	9:00 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 10:35 Scattergories ~TTL 2:00 Bingo 2:30 Relaxation Grp~RO 3:15 Drama Group~TTL <small>Mardi Gras</small>	6	9:30 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 12:30 Pennisula Village <b>Bus Shuttle</b> 1:00 Walmart Shuttle 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study~PR	7	10:00 Sit and Be Fit~TTL 11:30 Turkey House Lunch <b>Outing ~Sign Up</b> 1:30 Chime and Sing with Heather – TTL 2:30 Make a Shamrock~TTL	8	10:00 Sit and Be Fit~TTL8 10:45 Short Story ~TTL "Swiss Steak and Hobo Stew" 2:00 Bingo~TTL 2:30 Coffee Shop Visits at the Terraces~LB 3:30 Ladder Golf~TTL 3:30 Painting Group~8 <sup>th</sup> Fl	9	2:30 Tea Time and Movie Matinee ~TTL "Cake Decorating"	2:00 Hot Chocolate Social ~TTL 2:30 Tea Time and Movie Matinee ~TTL "Polar Bear Town"
10:00 Worship Service In Chapel 2:30 Manicures ~ TTL	10	11	10:00 Sit and Be Fit~TTL 10:35 Cross Words ~TTL 2:00 CNIB Education Presentation ~ TTL	12	<b>LIBRARY DAY</b> 10:00 Sit and Be Fit~TTL 10:35 Brain Games ~TTL 1:15 Men's Bible Study with Pastor Loren ~5 <sup>th</sup> Fl. 1:30 - 4:00 Tax Clinic~TTL 3:00 Drama Group~5 <sup>th</sup> Fl.	13	9:30 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 10:45 "Wackie Words"~TTL 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Gym Exercise with Candice~2 <sup>nd</sup> Floor 3:30 Bible Study ~PR	14	10:00 Celebration Service~CH 10:00 Sit and Be Fit~TTL 10:45 Trivia~TTL "It's Not Easy Being Green" 1:30 Hand Chimes~TTL 2:30 Painting with Jess Rice ~TTL	15	10:00 Value Village <b>Outing~TTL</b> 1:00 Joe Sterling's Birthday Celebration~TTL 2:00 Bingo~TTL 3:30 Carpet Bowling~TT 3:30 Painting Group~8 <sup>th</sup> Fl	16	2:30 Tea Time and Movie Matinee ~TTL "Best Exotic Marigold Hotel"	10:00 Worship Service In Chapel  2:30 Manicures~TTL <small>Daylight Saving Time Begins</small>
10:00 Worship Service In Chapel  2:30 Manicures~TTL <small>St. Patrick's Day</small>	17	18	10:00 Sit and Be Fit~TTL 10:35 Baking~TTL 2:30 St. Patrick's Day Tea ~TTL	19	10:00 Sit and Be Fit~TTL 10:35 Jopardy~TTL 11:45 Beverly and her dog "Flower" ~ LB 2:00 Bingo ~ TTL 2:30 Relaxation Grp ~RO 3:15 Town Hall~TTL	20	9:30 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 10:45 Craft~Flying Spring Birds~TTL 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR <small>Spring Begins</small>	21	10:00 Sit and Be Fit~TTL 10:45 March Trivia~TTL 2:30 BirthdayCelebration With Doug Stone~DR <small>Purim</small>	22	10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL 2:00 Bingo~TTL 2:15 Board Games~RO 3:30 Painting Group ~8 <sup>th</sup> Fl	23	2:00 Hot Chocolate Social ~TTL 2:30 Tea Time and Movie Matinee ~TTL "Absolutely Fabulous"	
10:00 Worship Service In Chapel  2:30 Manicures~TTL	24	25	10:00 Sit and Be Fit~TTL 10:35 Cross Words ~TTL 2:15 Prairie People Tea ~ TTL 3:15 Visual Impairment Support Group~TTL	26	9:15 Boardwalk Hearing 10:00 Sit and Be Fit~TTL 10:35 Jopardy~TTL 1:15 Men's Bible Study with Pastor Loren ~5 <sup>th</sup> Fl 2:00 Bingo ~ TTL 3:15 Drama Group ~TTL	27	9:30 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 11:00 Boundry Bay Airport for Lunch and Eagle Viewing 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Gym Exercise with Candice~2 <sup>nd</sup> Floor	28	9:30 Bacon and Egg Breakfast~TTL 10:30 Sit and Be Fit~TTL 2:30 Coffee Shop Visits at the Terraces~LB	29	10:00 Sit and Be Fit~TTL 10:45 Baking~TTL 'Low Sugar Brownies' 11:00-3:00 Fashion Closet ~Lobby 2:00 Bingo~TTL 3:30 Painting Group~8thFl	30	2:30 Tea Time and Movie Matinee ~TTL "New South Wales"	
10:00 Worship Service In Chapel  2:30 Manicures~TTL	31	<p align="center"><b>LEGEND</b>  TTL = Treetop Lounge, CH = Chapel,  RO= Recreation Office, HL = Heights Lobby,  LB = Lobby, 5<sup>th</sup> Fl. = 5<sup>th</sup> Floor End Lounge, 8<sup>th</sup> Fl. = 8<sup>th</sup> Floor End Lounge,  ML = Manor Lounge, PR = Panorama Room (Beside Chapel), DR=Dining Room  Recreation Coordinators: Heidi Deans and Michelle Krahn 604-541-3812</p>												

