

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Evergreen Heights Recreation Calendar

					9:00 Ukulele Group~ML 1 10:10 Sit and Be Fit~TTL 10:45 Hand Chimes~ML 10:45 Garden Club~TTL 1:30 5 th FI Music Group with Angela ~ 5 th FI Lounge 2:30 Painting Class with Jess Rice ~TTL	2 10:10 Sit and Be Fit~TTL 10:45 Craft Project~TTL 2:00 Bingo~TTL 3:15 TV Series on Netflix	3 2:00 Tea Time and Movie Matinee ~TTL "The Jackie Robinson Show"
4 <u>COMMUNION</u> 9:30 Worship Service In Chapel 10:45 Heights Worship Service ~TTL	5 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Cross Words ~TTL 2:30 Music with Doug Simpson ~ TTL 3:45 Relaxation Grp~RO	6 What Matters to You Day! 11:30 – 2:00 ~ Lobby 9:00 BLT Breakfast,TTL 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5 th 2:00 Bingo ~TTL	7 9:30 Ros&Comm~5 th FI 10:15 Grandfriends Project~TTL 2:00 Crescent Beach for Ice Cream ~Sign Up 2:15 Hymn Sing ~TTL 3:15 Wii Bowling ~ TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB	8 9:00 Ukulele Group~ML 9:45 Celebration Service~ML 10:10 Sit and Be Fit~TTL 10:45 Garden Club ~TTL 1:00 Walmart Shuttle 1:30 5 th FI Music Group With Angela ~ 5 th FI	9 10:10 Sit and Be Fit~TTL 10:45 Word Games~TTL 11:00 – 3:00 Fashion Closet ~ Lobby 2:00 Bingo ~TTL 3:00 Piano in Lobby with Candice~LB 3:15 TV Series on Netflix	10 2:00 Tea Time and Movie Matinee ~TTL "Arabia"	
11 9:30 Worship Service In Chapel 10:45 Heights Worship Service ~ TTL 2:30 Ice Cream Social ~TTL	12 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Cross Words ~TTL 1:00 Swimming Outing ~ sign up 2:30 Manicures ~TTL	13 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5 th 2:00 Bingo ~TTL 2:30 Baking ~ 1 st FI Suite 4:00 Relaxation Grp~RO	14 9:30 Ros&Comm~5 th FI 9:30 Morgan Crossing Outing ~ returning at 1:30 2:15 Hymn Sing ~TTL 3:15 Wii Bowling ~ TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB <small>Flag Day (US)</small>	15 9:00 Ukulele Group~ML 10:10 Sit and Be Fit~TTL 11:30 Lunch Out to White Rock Legion 1:30 6 th FI Music Group With Angela ~ 6 th FI 2:30 2 nd FI Gym Orientation	16 10:00 Father's Day Brunch ~ By Invitation Only ~TTL 2:00 Bingo ~TTL 3:15 TV Series on Netflix~TTL	17 2:00 Tea Time and Movie Matinee ~TTL "Finding Nemo"	
9:30 Worship Service In Chapel 10:45 Heights Worship Service ~ TTL HAPPY Father's Day!	19 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Jeopardy ~ TTL 1:00 Swimming Outing ~ sign up 2:30 Manicures ~TTL	20 10:10 Sit & Be Fit ~ TTL 11:00 Picnic in the Park ~sign up 2:00 Bingo ~TTL 2:15 Pairs Scrabble~RO 3:15 Drama Group ~5 th	21 9:30 Ros &Comm~5thFI 10:10 Sit & Be Fit ~ TTL 10:45 2 nd FI Gym Orientation First Day of Summer BBQ 2:15 "Coping With Loss" With Pastor Ken~ TTL 3:15 Wii Bowling~TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB	22 9:00 Ukulele Group~ML 10:00 Chapel Opening Ceremony ~Chapel 10:10 Sit and Be Fit~TTL 10:45 Hand Chimes~ML 10:45 Garden Club~TTL 1:30 6 th FI Music Group With Angela ~ 6 th FI 2:30 Monthly Birthday Celebration with Teresa Harbot~DR	23 10:10 Sit & Be Fit ~ TT 10:45 Word Games~TTL 2:00 Bingo~TTL 3:00 Piano in Lobby with Candice~LB 3:15 TV Show on Netflix ~TTL	24 2:00 Tea Time and Movie Matinee ~TTL "Costa Rica"	
25 9:30 Worship Service In Chapel 10:45 Heights Worship Service ~ TTL 2:30 Ice Cream Social ~TTL	26 9:45 This Week at the Heights ~ RO 10:10 Sit & Be Fit ~ TTL 10:45 Cross Words ~TTL 1:15 Swimming Outing ~ sign up 2:30 Manicures ~TTL	27 10:10 Sit & Be Fit ~ TTL 10:45 Drama Group ~5 th 2:30 Diabetes Education With Pharmacist James Davis~TTL 3:15 Scattergories ~TTL	28 9:30 Ros&Comm~5thFI 9:30 All Day Outing on BC Ferries 2:15 Hymn Sing ~TTL 3:15 Wii Bowling ~ TTL 3:30 Bible Study ~ML 4:00 Pet Visits~LB	29 9:00 Ukulele Group~ML 9:00 Bacon and Egg Breakfast ~TTL 10:45 Sit and Be Fit~TTL 10:45 Hand Chimes~ML 1:30 6 th FI Music Group With Angela ~ 6 th FI 2:30 Town Hall Meeting ~DR	30 10:10 Sit & Be Fit ~ TT 10:45 Crockpot Baking ~Apple Crisp~ 2:00 Bingo~TTL 3:00 Apple Crisp Tasting ~TTL 3:15 TV Show on Netflix ~TTL	LEGEND L = Lobby RO = Recreation Office TTL = Tree Top Lounge 5 th = 5 th Floor Lounge 6 th Fl. = 6 th Flr Lounge ML = Manor Lounge	

All programs subject to change. Please refer to the daily activity sheet in the elevators or lobby for the most up-to-date information. Recreation Coordinators: Heidi and Michelle 604-541-3812