January 2019

Evergreen Heights Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	**2** 9:30 Ros&Comm.~5th 10:00 Sit and Be Fit ~ TTL TAKE DOWN DECORATIONS 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR	**3** 10:00 Sit and Be Fit~TTL 10:45-2019 Door Wreath Craft~TTL 2:00 Country Drive ~Sign Up	**4** 10:00 Sit and Be Fit~TTL 10:45 Jeopardy ~ TTL 2:00 Bingo~TTL 3:30 Painting Group Set-up~8th Floor	**5** 2:30 Tea Time and Movie Matinee ~TTL "Amazing Love the Story of Hosea"
6 **COMMUNION** 10:00 Worship Service In Chapel 2:30 Manicures ~ TTL	**7** 9:15 – 3:15 **Foot Care Nurse ~ sign up** 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL 2:30 Sing along with Pete Mason ~ TTL	**8** **9:00 BLT Breakfast~TTL** 10:00 Sit & Be Fit ~ TTL 10:35 Scattergories,TTL 11:45 Beverly and her dog "Flower" ~LB 2:00 Bingo ~ TTL **3:30 Town Hall~DR**	**9** **9:00 and 9:30 Walmart Shuttle Or Superstore Shuttle** 9:30 Ros&Comm~5thfl 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR	**10** 10:00 Celebration Service~Ch 10:00 Sit and Be Fit~TTL 10:45 Short Story "Accidental Art" ~TTL 1:30 Chime and Sing with Heather – TTL **2:30 Painting with Jess Rice ~TTL** 6:15 Music and Relaxation~Lobby	**11** 10:00 Sit and Be Fit~TTL 10:45"Eat, Wear, or Drive" Trivial Game~TTL 2:00 Musical Celebration with Special Guests~DR 3:30 Painting Group~8thFl	**12** 2:00 Hot Chocolate Social ~TTL 2:30 Tea Time and Movie Matinee ~TTL "Travel to Germany"
13 10:00 Worship Service In Chapel 2:30 Manicures~TTL	**14** 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL **2:15 New Comers Tea ~ TTL** 3:15 Scrabble ~ TTL	**15** 10:00 Sit & Be Fit ~ TTL 10:35 Baking~TTL **2:30 MAID Education By Pastor Ken~TTL** 3:30 Baking Tasting~TTL	**16** 9:30 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR	**17** 10:00 Sit and Be Fit~TTL 10:45 Ladder Golf~TTL 1:30 Chime and Sing with Heather – TTL **2:30 BirthdayCelebration With Peter Williams~DR** 6:15 Music and Relaxation~TTL	**18** 10:00 Sit and Be Fit~TTL **11:30 Lunch Out to White Rock Legion** 2:00 Bingo~TTL 3:15 Carpet Bowling~TTL 3:30 Painting Group~8thFl 7:00-Heights Bible Study~5th FL	**19** 2:30 Tea Time and Movie Matinee ~TTL "Another Thin Man"
20 10:00 Worship Service In Chapel 2:30 Manicures~TTL	**21** 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL 1:15 Swimming Outing ~sign up Martin Luther King Day Tu B'Shevat	**22** 10:00 Sit & Be Fit ~ TTL **11:30 Lunch Out to Turkey House ~sign up** 2:00 Bingo ~ TTL 2:30 Relaxation Group ~ RO	**23** 9:30 Ros&Comm~5thfl **10:00 Value Village Outing in Langley** 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR	**24** **10:00 Grandfriends Project ~ TTL** 1:30 Chime and Sing with Heather – TTL 2:30 2nd Floor Gym Orientation ~2nd FL 6:15 Music and Relaxation~TTL	**25** 9:00 Bacon and Eggs Breakfast~TTL **10:30 Sit and Be Fit** 3:15 Coloring Group~TTL 3:30 Painting Group~8thFl 7:00-Heights Bible Study~5th FL	**26** 2:00 Hot Chocolate Social ~TTL 2:30 Tea Time and Movie Matinee ~TTL "BBC's Snow Babies"
27 10:00 Worship Service In Chapel 2:30 Manicures~TTL	**28** 10:00 Sit and Be Fit~TTL 10:35 Cross Words ~ TTL **2:15 German Club~ TTL** 3:15 Visually Impaired Information Meeting~TTL Australia Day (observed)	**29** 9:15 Boardwalk Hearing 10:00 Sit & Be Fit ~ TTL 10:35 Jeopardy ~ TTL 2:00 Bingo ~ TTL 2:30 Relaxation Group ~ RO	**30** 9:30 Ros&Comm~5thfl 10:00 Sit and Be Fit~TTL 2:00 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~PR	**31** 10:00 Sit and Be Fit~TTL 10:45 Ladder Golf~TTL 1:30 Chime and Sing with Heather – TTL 6:15 Music and Relaxation~TTL		

All Programs are Subject to Change

Recreation Coordinators: Heidi Deans & Michelle Krahn 604-541-3812