

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019

## Evergreen Heights Recreation



<p><b>COMMUNION</b> 3</p> <p>10:00 Worship Service In Chapel</p> <p>2:30 Manicures ~ TTL</p>	<p>4</p> <p><b>9:00 BLT Breakfast~TTL</b></p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:35 Cross Words ~TTL</p> <p>2:15 Great Britian Group Tea ~ TTL</p> <p>3:15 Visual Impairment Support Group~TTL</p>	<p>5</p> <p>10:00 Sit &amp; Be Fit ~ TTL</p> <p>11:00 De Dutch Brunch &amp; shopping ~sign up</p> <p>1:15 Men's Bible Study With Pastor Loren~5<sup>th</sup> Fl</p> <p>2:00 Bingo ~ TTL</p> <p>3:15 Drama Group~5<sup>th</sup> Fl.</p> <p><small>Chinese New Year</small></p>	<p>6</p> <p>9:30 Ros&amp;Comm~5thfl</p> <p>10:00 Sit and Be Fit</p> <p>10:45 Walking Club~LB</p> <p>2:00 Hymn Sing~TTL</p> <p>3:00 Presentation by Lynn Pollard from Semiahmoo Bay "Intertidal Life"~TTL</p>	<p>7</p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:45 Name that Heart Tune ~TTL</p> <p>1:30 Chime and Sing with Heather - TTL</p> <p><b>3:15 Painting with Jess Rice ~TTL</b></p> <p>6:15 Music and Relaxation~Lobby</p>	<p>8</p> <p>9:30 -This Month at The Heights ~RO</p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:30 Make Valentines for Children~TTL</p> <p>2:00 Bingo~TTL</p> <p>3:30 Keep the Converstation Heartful~TTL</p> <p>3:30 Painting Group~8thFL</p>	<p>9</p> <p>2:30 Tea Time and Movie Matinee ~TTL "Blue Hawaii"</p> <p><small>Groundhog Day</small></p>
<p>10</p> <p>10:00 Worship Service In Chapel</p> <p>2:30 Manicures~TTL</p>	<p>11</p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:35 Cross Words ~ TTL</p> <p>1:15 Swimming Outing ~sign up</p>	<p>12</p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:35 Baking~TTL</p> <p>2:00 Bingo ~ TTL</p> <p>2:30 Relaxation Grp ~RO</p> <p><b>3:15 Town Hall~TTL</b></p>	<p>13</p> <p><b>9:00 and 9:30 Walmart Shuttle Or Superstore Shuttle</b></p> <p>9:30 Ros&amp;Comm~5thfl</p> <p>2:00 Hymn Sing ~TTL</p> <p>3:00 Wii Bowling ~TTL</p> <p>3:30 Bible Study ~PR</p>	<p>14</p> <p><b>9:30 Pancake Breakfast With Strawberries and Cream ~TTL</b></p> <p><b>10:30 Sit and Be Fit~TTL</b></p> <p>1:30 Hand Chime Concert in the Terraces~LB</p> <p>6:15 Music and Relaxation</p> <p><small>Valentine's Day</small></p>	<p>15</p> <p>10:00 Sit and Be Fit~TT</p> <p>10:45 Eat, Wear, or Drive Trivia ~ TTL</p> <p>2:00 Bingo~TTL</p> <p>3:30 Craft~TTL</p> <p>3:30 Painting Group ~8<sup>th</sup> Floor</p> <p>7:00-Heights Bible Study~5<sup>th</sup> FL</p>	<p>16</p> <p>2:30 Tea Time and Movie Matinee ~TTL "All In The Family"</p>
<p>17</p> <p>10:00 Worship Service In Chapel</p> <p>2:30 Manicures~TTL</p>	<p>18</p> <p><b>HAPPY FAMILY DAY</b></p>	<p>19</p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:35 Jeopardy ~TTL</p> <p>1:15 Men's Bible Study With Pastor Loren~5<sup>th</sup> Fl</p> <p>2:00 Bingo ~ TTL</p> <p>2:30 Relaxation Grp.~RO</p> <p>3:15 Drama Group~5<sup>th</sup> Fl</p>	<p>20</p> <p>9:30 Ros&amp;Comm~5thfl</p> <p>10:00 Sit and Be Fit~TTL</p> <p><b>12:00 Chinese Food Lunch In ~ 3<sup>rd</sup> floor lounge~Sign Up</b></p> <p>2:00 Hymn Sing ~TTL</p> <p>3:00 Wii Bowling ~TTL</p> <p>3:30 Bible Study ~PR</p>	<p>21</p> <p><b>10:00 Grandfriends Project ~ TTL</b></p> <p>1:30 Chime and Sing with Heather - TTL</p> <p><b>2:30 Birthday Celebration With Allen Boolinoff~DR</b></p> <p>6:15 Music and Relaxation~TTL</p>	<p>22</p> <p>10:00 Sit and Be Fit~TT</p> <p>10:45 Make a Greeting Card~TTL</p> <p><b>2:30 Painting with Jess Rice~TTL</b></p> <p>3:30 Painting Group~8thFl</p> <p>7:00-Heights Bible Study ~5<sup>th</sup> Floor Lounge</p>	<p>23</p> <p>2:00 Hot Chocolate Social ~TTL</p> <p>2:30 Tea Time and Movie Matinee ~TTL "The Trouble With Harry"</p>
<p>24</p> <p>10:00 Worship Service In Chapel</p> <p>2:30 Manicures~TTL</p>	<p>25</p> <p>9:15 - 3:15 <b>Foot Care Nurse ~ sign up</b></p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:35 Cross Words ~ TTL</p> <p>2:30 Sing along with Doug Simpson~TTL</p>	<p>26</p> <p>10:00 Sit and Be Fit~TTL</p> <p>10:35 Scattergories~TTL</p> <p>2:00 Bingo ~ TTL</p> <p>2:30 Relaxation Grp~RO</p> <p>3:15 Drama Group~5<sup>th</sup> Fl</p>	<p>27</p> <p>9:30 Ros&amp;Comm~5thfl</p> <p>10:00 Sit and Be Fit~TTL</p> <p>2:00 Hymn Sing ~TTL</p> <p>3:00 Wii Bowling ~TTL</p> <p>3:30 Bible Study ~PR</p>	<p>28</p> <p>10:00 Sit and Be Fit~TTL</p> <p>1:30 Chime and Sing with Heather - TTL</p> <p><b>2:00 Baptist Housing Meet &amp; Greet ~DR</b></p> <p>6:15 Music and Relaxation~TTL</p>		

\*All Programs Subject To Change\* Any questions please contact Heidi or Michelle 604-541-3812