

Sunday

Monday

Tuesday

Wednesday

Thursday

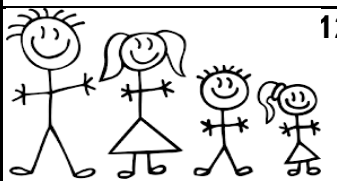
Friday

Saturday



February 2018

Evergreen Heights Recreation Calendar

<p>1</p> <p>9:00 Ukulele Group~PR 9:30 Breakfast Outing to IHOP ~Sign Up 1:45 Hand Chimes with Heather~TTL 2:30 Sit and Be Fit~TTL</p>	<p>2</p> <p>10:00 Sit and Be Fit~TTL 10:30 Tablet Wifi Support ~TTL 2:00 Bingo ~TTL 3:15 Painting with Louise~TTL <small>Groundhog Day</small></p>	<p>3</p> <p>2:30 Tea Time and Movie Matinee "Penny Serenade" ~TTL</p>	<p>4</p> <p><u>COMMUNION</u> 10:00 Worship Service In Chapel 2:00 Heights Worship Service ~TTL 6:00 Movie on Netflix~TTL</p>	<p>5</p> <p>9:45 This Week at the Heights ~ RO 10:00 Sit & Be Fit ~ TTL 10:35 Cross Words ~TTL 1:15 Swimming Outing 2:30 Manicures ~TTL</p>	<p>6</p> <p>10:00 Sit and Be Fit~TTL 10:35 Brain Games ~TTL 2:00 Bingo ~ TTL 2:20 Relaxation Grp~RO 3:00 Drama Group ~5th</p>	<p>7</p> <p>9:30 Rosary&Comm.~5thFl 10:00 What Am I? ~TTL 2:15 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~ML 3:45 Sit and Be Fit~TTL 4:00 Pet Visits with Tucker 6:45 Crib ~ TTL</p>	<p>8</p> <p>9:45 Celebration Service 10:00 Sit and Be Fit~TTL 11:30 Lunch Out to White Rock Legion 1:45 Hand Chimes with Heather~TTL 2:45 Short Story "An Eagle Packs For College" ~5th Fl Lounge</p>	<p>9</p> <p>10:15 Gym Workout with Candice and Michelle~2nd Fl 2:00 Bingo ~TTL 3:15 Painting with Louise~TTL</p>	<p>10</p> <p>2:00 Hot Chocolate Social ~TTL 2:30 Tea Time and Movie Matinee "The Edge of Life Alaska" ~TTL</p>				
<p>11</p> <p>10:00 Worship Service In Chapel 2:00 Heights Worship Service ~TTL 6:00 Movie on Netflix~TTL</p>	<p>12</p>  <p>2:00 Musical Celebration ~TTL Family Day</p>	<p>13</p> <p>10:00 Sit and Be Fit~TTL 10:35 Brain Games ~ TTL 2:00 Bingo ~ TTL 2:20 Relaxation Grp~RO 3:00 Drama Group ~5th <small>Mardi Gras</small></p>	<p>14</p> <p>9:30 Ros&Comm~5th Fl 10:00 Grandfriends Project ~TTL 2:15 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~ML 3:45 Sit and Be Fit~TTL 4:00 Pet Visits with Tucker 6:45 Crib ~TTL <small>Valentine's Day</small></p>	<p>15</p> <p>9:00 Ukulele Group~PR 10:00 Sit and Be Fit~TTL 10:35 Word Games with Candice ~ TTL 1:45 Hand Chimes with Heather~TTL 2:30 Birthday Celebration with Brian Zalo~DR</p>	<p>16</p> <p>10:15 Gym Workout with Candice and Sarah~2nd Fl 10:30 Make a Chinese Lantern ~TTL 2:00 Bingo ~TTL 3:15 Painting with Louise ~TTL <small>Chinese New Year</small></p>	<p>17</p> <p>2:30 Tea Time and Movie Matinee "Going My Way" ~TTL</p>	<p>18</p> <p>10:00 Worship Service In Chapel 2:00 Heights Worship Service ~TTL 6:00 Movie on Netflix~TTL</p>	<p>19</p> <p>9:00 BLT Breakfast~TTL 10:00 Sit & Be Fit ~ TTL 10:35 Jeopardy ~TTL 1:15 Swimming Outing 2:30 Manicures ~TTL <small>Presidents' Day (US)</small></p>	<p>20</p> <p>10:00 Sit and Be Fit~TTL 10:35 Scattergories ~TTL 11:30 Ocean Park Pizza ~ Sign Up 2:00 Bingo ~ TTL 2:20 Relaxation Grp~RO 3:00 Drama Group ~5th 4:00 Baking ~Guest</p>	<p>21</p> <p>9:30 Ros&Comm~5th Fl 9:30 Walmart/ Superstore Shuttle 2:15 Hymn Sing ~TTL 3:00 Wii Bowling 3:30 Bible Study ~ML 3:45 Sit and Be Fit~TTL 4:00 Pet Visits with Tucker 6:45 Crib ~ TTL</p>	<p>22</p> <p>10:00 Sit and Be Fit~TTL 10:35 Short Story "Calling All Birds" ~5th Fl 1:45 Hand Chimes with Heather~TTL 2:30 Painting with Jess Rice ~TTL 3:30 Town Hall ~DR</p>	<p>23</p> <p>10:15 Gym Workout with Candice and Michelle~2nd Fl 12:00 Chinese Lunch In ~Sign Up~ 3rd Fl Lounge 2:00 Bingo ~TTL 3:15 Painting with Louise ~TTL</p>	<p>24</p> <p>2:00 Hot Chocolate Social ~TTL 2:30 Tea Time and Movie Matinee "Casablanca"</p>
<p>25</p> <p>10:00 Worship Service In Chapel 2:00 Heights Worship Service ~TTL 6:00 Movie on Netflix~TTL</p>	<p>26</p> <p>9:45 This Week at the Heights ~ RO 10:00 Sit & Be Fit ~ TTL 10:35 Cross Words ~TTL 2:30 Music Sing a Long Doug Stone ~TTL</p>	<p>27</p> <p>10:00 Sit and Be Fit~TTL 10:35 Brain Games ~ TTL 2:00 Bingo ~ TTL 2:20 Relaxation Grp~RO 3:00 Drama Group ~5th</p>	<p>28</p> <p>9:30 Ros&Comm~5th Fl 9:00 Pancake Breakfast~TTL 2:15 Hymn Sing ~TTL 3:00 Wii Bowling ~TTL 3:30 Bible Study ~ML 3:45 Sit and Be Fit~TTL 4:00 Pet Visits with Tucker 6:45 Crib ~ TTL</p>	<p>LEGEND</p> <p>TTL = Treetop Lounge RO = Recreation Office ML = Manor Lounge 5th = 5th Floor Lounge</p> <p>CH=Chapel HL= Heights Lobby DR=Dining Room PR = Panorama Room</p>									

Recreation Coordinators: Heidi Deans and Michelle Krahn *604-541-3812*

*All Programs subject to change *